

Nandamuru,
Date:07-02-23.

A REPORT ON HAR GHAR DHYAN PROGRAMME.

HAR GHAR DHYAN PROGRAMME is organized in the college of SVIET campus. On 07-02-22 from 09:00AM. The day is all about meditation session management and students. They are participated and some of the students and guests discussed & gave speeches.

Under the Aegis of Azadi ka Amrit Mahotsav, Ministry of Culture has collaborated. with the Art of Living foundation and launched a campaign "Har Ghar Dhyan" to conduct. One hour introductory sessions on meditation and mental health for people from all walks of life. Nation-wide mental health project launched by the Government of India supported by the Ministry of Culture that aims to reach out and educate the youth in different walks of life about mental health and empower them with the tool of meditation for better health.




Coordinator

NSS Programme Officer

జాతీయ సేవా పథకం
యూనిట్ నెం. 90214606